



Workplace Safety Centre

Pty Ltd (ABN: 96 115 000 201)
Save A Life First Aid Educators
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First Aid Training

HLTFA301B Apply First Aid

- This course is designed to provide participants with the skills and knowledge to perform emergency and basic first aid in the workplace as well as the home.

Previously known as Senior First Aid

Nominal course duration (flexible learning options)

- 2 days classroom program *or*
- 1 day with completion of on-line theory course *or*
- 1 day with completion of theory workbook
- 1 day for Re-Certification (certificate must not have expired)
- CPR only HLTCP201A (certificate valid for 12 months)

Course content

Senior First Aid (Apply First Aid HLTFA301B)

- 2 day program (or 1 day with theory course on-line or workbook) covers
- Principles of First Aid
- Life Support & Management of Common Medical Emergencies
- Bleeding Control & Asthma, Diabetes
- Shock, Stroke & Fractures and Soft Tissue Injury
- Managing Burns
- Poisons, Envenomation, Bites & Stings
- Exposure to Extreme Temperatures
- Bandaging & Slings
- Includes full CPR training
- Use of EpiPEN (Anaphylaxis action plan)
- Demonstration in the use of an AED (Automatic Defibrillator)

Re-Certification - 1 day program

- Keeps your first aid skills up to date & covers changes to first aid
- Original certificate or card must be shown and have not expired.

Course cost (per person, exempt of gst)

- 2 day program \$135, 1 day + Workbook \$115, 1 day + on-line theory \$95, 1 day Recertification \$95
- Call us for a quote for group bookings (at our training rooms or on-site)
- Payment options are by Cheque, EFT, Cash, Eftpos, MC, Amex, Diners, Visa Card or by invoice to approved accounts.

Certification

- Successful participants will receive a Certificate and Wallet size card valid for 3 years
- Training methods place an emphasis on group discussion, group exercises and the interaction of course participants. A short theory and CPR assessment is undertaken by the participants.
- Nationally Accredited Certification issued by Allens Training Pty Ltd (RTO Number 90909)

